# Bridge™ Percutaneous Nerve Field Stimulator (PNFS)

## **DIRECTIONS FOR USE**

#### Prior to using this product, the user should read and understand the warnings and safety instructions. Bridge stimulator application should only be performed according to the directions for use provided by the Manufacturer.

### INDICATIONS

Bridge<sup>M</sup> is a percutaneous nerve field stimulator (PNFS) system, that can be used as an aid to reduce the symptoms of opioid withdrawal, through application to branches of Cranial Nerves, V, VII, IX, and X, and the occipital nerves identified by transillumination.

#### CONTRAINDICATIONS

• Use of cardiac pacemakers because no clinical data is available

- Hemophilia
- Psoriasis vulgaris Do not use Sureprep on infected areas of skin.
- Steri-strip compound benzoin tincture should not be used on patients with previous history of sensitivity to compound benzoin tincture.

#### DESCRIPTION

Bridge ("Device") is a battery-operated micro-stimulation appliance designed as a disposable product for a single use. The device is placed behind the patient's ear and connected to stimulation needles on the auricle. The Device offers regular therapy over several days. The Device transmits low-frequency electric pulses to exposed nerve endings.

#### WARNINGS, CAUTIONS, AND NOTES

- An intact skin surface is essential for the use of the Bridge stimulator.
- The built-in microchip creates periods of stimulation and rest. After a time it could feel as if the intensity of the stimulation is decreasing. A decrease in the perceived intensity of stimulation may be subjective and have no bearing on the effectiveness of the therapy.
   The device is not MRI Compatible and must be removed before entering the MRI scanning
- The device is not MRI Compatible and must be removed before entering the MRI scanning room. Failure to remove may cause injury to patient, hospital personnel, or damage to the MRI machine.
- The appliance is splash-proof but not watertight. If desired, hair should be washed before therapy.
- When showering, the appliance must not be allowed to come into direct contact with water.
- Battery is automatically activated and therapy is administered by the device when the wire harness and generator are connected during installation. The device is programed to discontinue therapy 120 hours (5 days) after activation.

## INSTRUCTIONS

A) Contents • Refer to Fig. 1. Please check the contents when you open the package. The Bridge stimulator and its accessories are for single-use only, single patient only. Each device must be properly disposed of according to local health regulations.

#### **B) Site Selection**

- Ask the patient which side they generally sleep on and if they have a preference of which ear they would like the device applied to.
- Discuss if the patient wears glasses, hearing aids or uses a CPAP machine, to ensure Bridge is placed around them appropriately.
- If patient has long hair, pin the hair up and away from the ear.
  Remove all jewelry such as piercings and gauges from the application ear.

## C) Preparation

- Refer to Fig. 2. Use the alcohol pads to clean off the anterior (ventral and posterior (dorsal) of the outer ear to remove all surface oils, make up and disinfect the skin.
- 2. Use the Sureprep wipe on zones of ear where leads will be implanted.
- Refer to Fig. 3. The correct location for implantation of the electrode needles is determined by visualizing the cranial and occipital neurovascular bundles through transillumination and anatomical landmarks.
  - ZONE 1 Great Auricular Nerve: Center of the ear lobe.

**ZONE 2 Auricular Branch of the Vagus Nerve:** Anterior and superior to the tragus (lay the tweezers across the center of ear horizontally to assist with marking the implantation site). **NOTE:** Check for pulse in this area and mark zone AWAY from pulse.

ZONE 3 Auriculotemporal Nerve: At the triangular fossa.

ZONE 4 Lesser Occipital Nerve - Dorsal side of the triangular fossa. NOTE: Ensure that zones 3 and 4 are offset from each other.

4. Refer to **Figs. 4a. - 4d.** Mark zones 1-4 for lead placement:

a.) Place the transilluminator tip against the skin on the opposite side of the zone identified

and view the zone as light passes through the tissue. The neurovascular bundles will be visibly outlined.

b.) Mark a location within 0.5-2mm of a neurovasular bundle with provided surgical marker. NOTE: To avoid bleeding and discomfort, do not place zone location on the neurovascular bundle.

#### D) Applying Bridge to the patient

- . Refer to Fig. 5. Place the double-sided stimulator adhesive on the side of the stimulator that will make contact behind the patient's ear on the mastoid process. The correct location for implantation of the electrode needles is determined by visualizing the cranial and occipital neurovascular bundles through transillumination.
- 2. Refer to Fig. 6. Insert the wire harness into the stimulator until firmly seated to start therapy with the dimple side of harness and circuit chip facing up.
- Hold the stimulator with the inserted wire harness posterior to the patient's ear. Ensure that the stimulator is properly positioned extending the wires over the ear allowing enough length so the leads can be placed at the desired location.
- Refer to Fig. 7. After the proper position of the device is confirmed apply the compound benzoin tincture to the skin where the stimulator is to be applied. Also apply the tincture around the sites marked for lead placement.
- Refer to Fig. 8. Gently press the stimulator with inserted the wire harness onto the skin at the desired application site for 3-5 seconds.
- 6. Refer to Fig. 9. Start with the placement of the ground lead (white color) on zone 1.
- 7. Refer to **Fig. 10.** Secure the electrode needle and place a round adhesive bandage on the flat side of the lead. Implant the lead percutaneously with gentle pressure.
  - **NOTE:** Round adhesive can be applied to the electrode lead either before or after needle implantation.
- 8. Refer to Fig. 11. Repeat step 7 for the remaining zones with any of the grey leads.
- NOTE: If bleeding and discomfort occurs, reevaluate placement location with transillumination and reposition the leads.9. Wait 5-10 mins to ensure that patient is able to feel the stimulation.
- **NOTE:** If the patient cannot feel or tolerate the stimulation after 5-10 min, reposition the leads.
- 10. Refer to Fig. 12. Gather any dangling wires and hold it close to the stimulator.
- 11. Refer to Figs. 13a 13c. Place the Tegaderm™ strip over the stimulator to hold it in place.

12. If withdrawal symptoms begin to return within 5 days of starting therapy, direct the patient to perform a pinch test to make sure the leads are in good contact with the ear. For the pinch test, simply pinch down on the lead.

## E) Removal

- Have the patient return to the office after five days for removal.
- Gently remove each of the electrodes one at a time by slowly lifting off the round adhesive patch, then pulling the electrode needle out.
- 2. After the electrodes have been removed, carefully pull off the stimulator from behind the ear.
- Once removal is complete, clean the areas of the ear where the electrodes were placed with an alcohol wipe.
- Place the used device into the biohazard waste bag provided and dispose of the bag as medical waste, following your appropriate state regulations.

## ENVIRONMENTAL

Operating Temperature	22 °C +/- 5 °C
Storage/Transport Temperature	22 °C +/- 5 °C,
Operating and Storage/Transport Humidity	20 - 80 % Relative Humidity

#### TECHNICAL DATA

Appliance: Percutaneous Nerve Field Stimulator (PNFS) Type description: Stimulator Power supply: 1 x 3V battery (Type CR1225 Lithium) Output: Load impedance range 1k ohms-10k Ohms, max. 3.2V, Maximum possible total duration of treatment: 5 x 24 hours Protection level: IP20 Type: B Weight including battery: 5g Dimensions: 36 x 16 x 7 mm Needle Dimensions: 0.5 mm width x 2 mm length

#### GUIDANCE AND MANUFACTURER'S DECLARATION -Electromagnetic Emissions

The Bridge is intended for use in the electromagnetic environment specified below. The customer or the user of the Bridge should assure that it is used in such an environment.

EMISSIONS TEST	COMPLIANCE	ELECTROMAGNETIC ENVIRONMENT - GUIDANCE		
RF Emissions CISPR 11	Group 1	Bridge uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.		
RF Emissions CISPR 11	Class B	Bridge is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies		
Harmonic emissions IEC 61000-3-2	N/A DC powered			
Voltage fluctuations/ flicker emissions IEC 61000-3-3	N/A DC powered	uildings used for domestic purposes.		
RF Emissions CISPR 14-1	N/A Stand-alone sealed unit	Bridge is not suitable for interconnection with other equipment.		
RF Emissions CISPR 15	N/A Stand-alone sealed unit	Bridge is not suitable for interconnection with other equipment.		

## Bridge<sup>™</sup> Percutaneous Nerve Field Stimulator (PNFS)

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#### GUIDANCE AND MANUFACTURER'S DECLARATION -Electromagnetic Immunity

The Bridge is intended for use in the electromagnetic environment specified below. The customer or the user of the Bridge should assure that it is used in such an environment. IEC 60601 TEST LEVEL IMMUNITY TEST COMPLI-ANCE LEVEL **ELECTROMAGNETIC ENVIRONMENT - GUIDANCE** Electrostatic Floors should be wood, concrete or ceramic tile. If floors are +6 kV contact discharge (ESD) N/A covered with synthetic material, the relative humidity should +8 kV air be at least 30% IFC 61000-4-2 Electrical fast ± 2 kV for power transient/ supply lines Mains power quality should be that of a typical commercial or N/A burst hospital environment ± 1 kV for input/ IEC 61000-4-4 output lines ± 1 kV line(s) to Surge Mains power quality should be that of a typical commercial or line(s) N/A hospital environment IEC 61000-4-5 ± 2 kV line(s) to earth <5 % UT (>95 % dip Voltage in UT) for 0,5 cycle dips, short interruptions Mains power quality should be that of a typical commercial or 40 % UT (60 % dip in hospital environment. If the user of the [ME EQUIPMENT or and voltage UT) for 5 cycles ME SYSTEM] requires continued operation during power mains interruptions, it is recommended that the [ME EQUIPMENT or variations on power supply N/A 70 % UT (30 % dip in ME SYSTEM] be powered from an interruptible power supply UT) for 25 cycles input lines or a battery <5 % UT (>95 % dip IEC 61000-4-11 in UT) for 5 s Portable and mobile RF communications equipment should be used no closer to any part of the Bridge, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter. Recommended separation distance  $d = \left[\frac{3,5}{V_{\star}}\right]\sqrt{P}$ 3 Vrms Conducted RF 150 kHz to 80 MHz [V, ]V IEC 61000-4-6 80 MHz to 800 MHz Radiated RF IFC 3 V/m [E3]V/m 61000-4-3 80 MHz to 2.5GHz  $d = \left[\frac{7}{E}\right] \sqrt{P}$  800 MHz to 2,5 GHz Where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and d is the recommended separation distance in meters (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey<sup>a</sup>, should be less than the compliance level in each frequency range Interference may occur in the vicinity of equipment marked with the following symbol:  $((\cdot,\cdot))$ Note 1: At 80 MHz and 800 MHz, the higher frequency range applies.

Note 2: These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people

<sup>a</sup> Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, All and HI radio broadcast and TV broadcast cannot be prediced theoretically with occurrary. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the Bridge is used exceeds the applicable RF compliance level above, the Bridge should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating the Bridge

<sup>b</sup> Over the frequency range 150 kHz to 80 MHz, field strengths should be less than [V,] V/m.

#### WARRANTY

Masimo warrants to the initial buyer only that these products, when used in accordance with the directions provided with the Products by Masimo, will be free of defects in materials and workmanship for a period of twelve (12) months. Single use products are warranted for single patient use only.

THE FOREGOING IS THE SOLE AND EXCLUSIVE WARRANTY APPLICABLE TO THE PRODUCTS SOLD BY MASIMO TO BUYER. MASIMO EXPRESSLY DISCLAIMS ALL OTHER ORAL, EXPRESS OR IMPLIED WARRANTIES, INCLUDING WITHOUT LIMITATION ANY WARRANTIES OF MERCHANTABILITY OR FITNESS FOR PARTICULAR PURPOSE. MASIMO'S SOLE OBLIGATION AND BUYER'S EXCLUSIVE REMEDY FOR BREACH OF ANY WARRANTY SHALL BE, AT MASIMO'S OPTION, TO REPAIR OR REPLACE THE PRODUCT

#### WARRANTY EXCLUSIONS

This warranty does not extend to any product that has been used in violation of the operating instructions supplied with the product, or has been subject to misuse, neglect, accident or externally created damage. This warranty does not extend to any product that has been connected to any unintended device or system, has been modified, or has been disassembled or reassembled. This warranty does not extend to sensors or patient cables that have been reprocessed, reconditioned or recycled.

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### NO IMPLIED LICENSE

PURCHASE OR POSSESSION OF THIS PRODUCT DOES NOT CARRY ANY EXPRESS OR IMPLIED LICENSE TO USE THIS PRODUCT WITH ANY DEVICE THAT IS NOT AN AUTHORIZED DEVICE OR SEPARATELY AUTHORIZED TO USE MASIMO PRODUCTS.

CAUTION: FEDERAL LAW (U.S.A.) RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A PHYSICIAN

For professional use. See instructions for use for full prescribing information, including indications, contraindications, warnings, precautions and adverse events.

If you encounter any serious incident with product, please notify the competent authority in your country and the manufacturer of the device or monitoring system connected to this product.

The following symbols may appear on the product or product labeling:

SYMBOL	DEFINITION	SYMBOL	DEFINITION	SYMBOL	DEFINITION
(blue background)	Follow instructions for use	X	Separate collection for electrical and electronic equipment (WEEE).	Rx ONLY	Caution: Federal law (USA) restricts this device to sale by or on the order of a physician
ī	Consult instructions for use	LOT	Lot code	<b>CE</b> 0123	European Union Conformity Mark
<b>W</b>	Manufacturer	REF	Catalogue number (mod- el number)	ECREP	Authorized representative in the European community
~~	Date of manufacture YYYY-MM-DD	(####)	Masimo reference number	<b>1</b> 8	Body weight
SN	Serial Number	>	Greater than	X	Storage temperature range
( <b>i</b> )	Single patient - multiple use	<	Less than	Ť	Keep dry
NON	Non-Sterile	Ì	Storage humidity limitation	8	Do not use if package is damaged
$\boxtimes$	Not made with natural rubber latex	Ţ	Fragile, handle with care	ø	Atmospheric pressure limitation
$\triangle$	Caution	IP20	Protection against solid foreign objects 12.5mm and greater		Importer
MD	Medical device	UDI	Unique device identifier		Distributor
	MR Unsafe. Not appropriate for use in MR environment ( <i>i.e.: inside</i> the MR magnet room)		Instructions/Directions for Use/Manuals are available in electronic format @ http://www.Masimo.com/TechDocs Note: eIFU is not available in all countries.		

Patents: http://www.masimo.com/patents.htm

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ZONE 2

Back of ear





























